

Tilbury Vikings Swim Meet

Saturday, August 19th, 2023



**Tilbury Pool
34 Stewart Ave,
Tilbury, Ontario
N0P 2L0**

“SUPER SWIM SATURDAY”

Dear Coaches,

The Tilbury Vikings Swim Team would like to cordially invite you to attend the 2023 Tilbury Swim Meet, to be held at the TILBURY CENTENNIAL POOL, on Saturday August 19th 2023.

Warm-ups will begin at 8:30 am, with a meet start-time of 9 am. The Tilbury Vikings will be in the water warming up at 8:00am.

The age of swimmers will be determined AS OF August 18th. Swimmers can compete in at most 3 strokes plus the I.M. , where age-group applicable. WINTER SWIMMERS WILL SWIM UP AN AGE GROUP.

Enclosed in this meet package is the swimmer event sheet, rules and regulations and marshalling ballots. Please bring the marshalling ballots to the meet filled out with the swimmer's name, team name and event number. This will help the meet run smoothly.

WE DO NOT REQUIRE any information from participating clubs, other than approximate PARTICIPATION NUMBERS / ENTRY NUMBERS, by the deadline of August 15th, 2023, however please let the club know if your team plans to attend as early as you can.

**PLEASE CONFIRM ENTRIES/PARTICIPATION by e-mail to
tilburyvikings@gmail.com**

We look forward to your participation in this SUPER Saturday CHAMPIONSHIP SWIM MEET!!!

**2023 TILBURY
SWIM MEET**

“SUPER SWIM SATURDAY”

**TILBURY VIKINGS SWIM TEAM
SATURDAY AUGUST 19th, 2023
TILBURY CENTENNIAL POOL**

ENTRY FEE ONLY \$10 PER SWIMMER & INCLUDES

- ENTRY INTO 3 STROKES PLUS IM**
- METALS FOR AGE GROUP CHAMPIONS**
Gold, Silver and Bronze
- RIBBONS FOR 1st thru 6th**
- LUNCH COMBO (hotdog + chips + juicebox)**

***Registration fee is to be paid at the
coaches meeting at 8:30***

“DEDICATED TO FUN, FITNESS & HEALTHY COMPETITION”

Tilbury Vikings 2023 meet– RULES AND REGULATIONS

1. Strokes and turns must follow Swim Canada regulations. Strokes and turns decision is final. Discrepancies should be brought to the attention of the strokes and turns judge immediately by a coach only.
2. Any swimmer who has been competing or training with a swim club at any time between June 1st, 2022 and June 1st, 2023 shall swim up one age category. **High School swim teams as recognized by OFSAA will not be considered “club” and shall swim in their age category.**
3. College and University students, lifeguards, instructors and coaches will not be allowed to compete.
4. Age is to be determined as of August 18, 2023. Swimmers must swim in the same age category for all individual races for the entire meet.
5. Swimmers may swim up for relays but may not swim down. There will be no limitation on the number of relay teams per age group, as long as the above qualifications are met. Incoming swimmers must touch the wall for the appropriate stroke before outgoing swimmers may leave. Each swimmer may not swim more than one leg of a relay.
6. Two hands must touch for butterfly and breaststroke.
7. Swimmers will be allowed 1 false start. The second will result in disqualification.
8. 8 & under competitors will be disqualified for the following:
 - wrong stroke to gain advantage
 - standing on bottom of pool or grabbing ropes or sides to gain advantage
 - interfering with another swimmer9 & over competitors will be disqualified for the following:
 - wrong stroke
 - touching bottom of pool, ropes or sides to gain advantage
 - not doing a two-hand touch in breaststroke or butterfly
9. No flotation devices are allowed to assist swimmers.
10. Points will be awarded as follows:
1st – 7pts, 2nd – 5pts, 3rd – 4pts, 4th – 3pts, 5th – 2pts, 6th – 1pts
11. Gold, silver and bronze medals will be awarded for each individual age group. Ribbons will be awarded for 1st through 6th place.
12. A trophy will be awarded to the top team with the most points.
13. Have fun and swim your best, support your team and please respect the pool.

2023 TILBURY SWIM MEET EVENT LIST

Event # Girls		Event# Boys
1	9/10 100m I.M.	2
3	11/12 100m I.M	4
5	13/14 100m I.M	6
7	15/over 100m I.M	8
9	6/under 25m butterfly	10
11	7/8 25m butterfly	12
13	9/10 25m butterfly	14
15	11/12 50m butterfly	16
17	13/14 50m butterfly	18
19	15/over 50m butterfly	20
21	6/under 25m backstroke	22
23	7/8 25m backstroke	24
25	9/10 25m backstroke	26
27	11/12 50m backstroke	28
29	13/14 50m backstroke	30
31	15/over 50m backstroke	32
33	6/under 25m breaststroke	34
35	7/8 25m breaststroke	36
37	9/10 25m breaststroke	38
39	11/12 50m breaststroke	40
41	13/14 50m breaststroke	42
43	15/over 50m breaststroke	44
45	6/under 25m freestyle	46
47	7/8 25m freestyle	48
49	9/10 25m freestyle	50
51	11/12 50m freestyle	52
53	13/14 50m freestyle	54
55	15/over 50m freestyle	56

RELAYS (MIXED)

57	7/8 100m Freestyle Relay
58	9/10 100m Freestyle Relay
59	11/12 100m Freestyle Relay
60	13/14 100m Freestyle Relay
61	15/over 100m Freestyle Relay

AWARDS

