

# **Essex Surge Aquatics Team Meet 2022**

**Sunday August 14, 2022**



**Leamington Nature Fresh Farms Recreation Complex**

249 Sherk St

Leamington, Ontario

N8H 4X7

# Leamington Nature Fresh Farms Recreation Complex

- Date:** Sunday, August 14, 2022
- Facility:** Leamington Nature Fresh Farms Recreation Complex  
249 Sherk St  
Leamington, Ontario  
N8H 4X7
- Pool Type:** 25 meter, 6 lane competition pool
- Format:** Timed Finals
- Time:**
- |                  |                          |
|------------------|--------------------------|
| 8:00 - 9:00 am   | Warm ups                 |
| 8:20 - 8:40 am   | Coach's Meeting          |
| 8:40 - 8:50 am   | Official's Meeting       |
| 9:00 am          | Competition Start        |
| After Backstroke | Lunch                    |
| Finish           | Team Awards Presentation |
- Registration:** Deadline: **Aug 8th, 2022**  
**Fee:** \$20.00 - ***Includes Lunch***
- Information:** Concession Lunch: *(will proceed after **Backstroke** events)*  
Results: *Posted Throughout*
- Awards:** Individual Events Ribbons 1st to 6th  
Overall Team (*Points*) Trophy
- Points:** 1st – 7 points  
2nd – 5 points  
3rd – 4 points  
4th – 3 points  
5th – 2 points  
6th – 1 point

*Relay races will **not** be counted towards the overall team points count.*

Dear Coaches,

Essex Surge Aquatics Team would like to invite you and your team to the 2022 Essex Surge Swim Meet hosted at Leamington Nature Fresh Farms Recreation Complex on August 14th, 2022.

The present meet package includes a schedule overview, event sheet, rules/disqualifications, registration information/form and an event ballot template.

The \$20 registration fee includes a concession lunch provided by the Rotary Club of Essex as well as three events plus an individual medley. Attached to this meet package is the event ballot template. Coaches are asked to fill out event ballots ahead of time and distribute to their swimmers accordingly - each swimmer should receive one event ballot for each event they swim.

Swimmers who have trained with a club in the 2021 or 2022 calendar year are required to swim one age group up from their own. High School swimming is not classified as a “club” therefore, High School swimmers will swim in their original age categories. Any swimmer participating in a relay will be allowed to swim up in age category as needed, however **no swimmer will be permitted to swim down an age category.**

Swimmers will earn points based on overall placing in each event - excluding relays (Point ranking scheme listed above). The team with the highest sum of points will be recognized during the award ceremony and receive a trophy.

Parents and guardians will remain in the gym and the upstairs viewing gallery but have restricted access to the pool deck. Swimmers are asked to only be on the pool deck for racing purposes. Events will be announced in the gym and self-marshaling will occur on the pool deck.

Any further questions may be directed to [essexsurge@gmail.com](mailto:essexsurge@gmail.com).

Yours truly,  
Megan Metcalfe

The following must be emailed to Megan Metcalfe at [essexsurge@gmail.com](mailto:essexsurge@gmail.com)

Registration Form: Aug 8th, 2022 (Late registrations will not be permitted)  
Meet Fees: Will be handed in the day of the meet (Sunday Aug 14th, 2022)

## Swim Meet Rules

1. Parents and guardians are **not** permitted on the pool deck. Parents can view the races in the viewing gallery located on the second floor of the complex.
  - Swimmers are expected to be on the pool deck *ONLY* for racing purposes.
2. Swimmers will be categorized by age and will swim against swimmers in their *own* age (as of August 14, 2022) category *unless* the swimmer *is* or *has* been training or competing with a club or team, during the 2021 - 2022 calendar season. These individuals will swim up an age group.
3. Use of starting blocks is optional. Any swimmer may start from the edge of the bulkhead or in the water.
4. Swimmers may enter 3 individual races and an individual medley.
5. Coaches, instructors, lifeguards, and university/college swimmers are **not** authorized to compete.
6. The supervision of every swimmer is the responsibility of the coach. The coach is responsible even if the swimmer is not on the pool deck.

### Disqualifications:

**9 & over** competitors will be disqualified for the following:

- Incorrect stroke
- Touching the bottom of the pool, ropes or sides to gain advantage
- Not doing a two hand touch in *breaststroke* or *butterfly*

Swimmers will be allowed *one* false start. Any swimmer who performs a *second* false start, will be disqualified. False starts will be at the discretion of the referee and/or the starter.

*Any disqualifications will be handled by the official who called the foul and the referee.*

The decisions made by the officials and referee are final. Any discrepancies should be brought to the attention of the Meet Manager immediately following the race.

**Essex Surge Aquatics Team  
Scheduled Program**

<b>Event #</b>	<b>Age</b>	<b>Event</b>
1	Girls 6 & Under	25m Individual Medley
2	Boys 6 & Under	25m Individual Medley
3	Girls 8 & Under	50m Individual Medley
4	Boys 8 & Under	50m Individual Medley
5	Girls 10 & Under	100m Individual Medley
6	Boys 10 & Under	100m Individual Medley
7	Girls 12 & Under	100m Individual Medley
8	Boys 12 & Under	100m Individual Medley
9	Girls 14 & Under	100m Individual Medley
10	Boys 14 & Under	100m Individual Medley
11	Girls 15 & Over	100m Individual Medley
12	Boys 15 & Over	100m Individual Medley
13	Girls 6 & Under	25m Butterfly
14	Boys 6 & Under	25m Butterfly
15	Girls 8 & Under	25m Butterfly
16	Boys 8 & Under	25m Butterfly
17	Girls 10 & Under	25m Butterfly
18	Boys 10 & Under	50m Butterfly
19	Girls 12 & Under	25m Butterfly
20	Boys 12 & Under	50m Butterfly
21	Girls 14 & Under	50m Butterfly
22	Boys 14 & Under	50m Butterfly
23	Girls 15 & Over	50m Butterfly
24	Boys 15 & Over	50m Butterfly

25	Girls 6 & Under	25m Backstroke
26	Boys 6 & Under	25m Backstroke
27	Girls 8 & Under	25m Backstroke
28	Boys 8 & Under	25m Backstroke
29	Girls 10 & Under	25m Backstroke
30	Boys 10 & Under	25m Backstroke
31	Girls 12 & Under	50m Backstroke
32	Boys 12 & Under	50m Backstroke
33	Girls 14 & Under	50m Backstroke
34	Boys 14 & Under	50m Backstroke
35	Girls 15 & Over	50m Backstroke
36	Boys 15 & Over	50m Backstroke
37	Girls 6 & Under	25m Breaststroke
38	Boys 6 & Under	25m Breaststroke
39	Girls 8 & Under	25m Breaststroke
40	Boys 8 & Under	25m Breaststroke
41	Girls 10 & Under	25m Breaststroke
42	Boys 10 & Under	25m Breaststroke
43	Girls 12 & Under	50m Breaststroke
44	Boys 12 & Under	50m Breaststroke
45	Girls 14 & Under	50m Breaststroke
46	Boys 14 & Under	50m Breaststroke
47	Girls 15 & Over	50m Breaststroke
48	Boys 15 & Over	50m Breaststroke
49	Girls 6 & Under	25m Freestyle
50	Boys 6 & Under	25m Freestyle
51	Girls 8 & Under	25m Freestyle
52	Boys 8 & Under	25m Freestyle

53	Girls 10 & Under	25m Freestyle
54	Boys 10 & Under	25m Freestyle
55	Girls 12 & Under	50m Freestyle
56	Boys 12 & Under	50m Freestyle
57	Girls 14 & Under	50m Freestyle
58	Boys 14 & Under	50m Freestyle
59	Girls 15 & Over	50m Freestyle
60	Boys 15 & Over	50m Freestyle

<b>Name:</b>	
<b>Team:</b>	Essex Surge Harrow Tecumseh Lakeshore LaSalle BeachGrove Tilbury Glencoe Dutton Dresden Wyoming Dorchester Sarnia
<b>Age Category:</b>	U6 U8 U10 U12 U14 15+
<b>Heat:</b>	1 2 3 4 5 6 7 8 9 10
<b>Lane:</b>	1 2 3 4 5 6
<b>Time:</b>	1. 2.

<b>Name:</b>	
<b>Team:</b>	Essex Surge Harrow Tecumseh Lakeshore LaSalle BeachGrove Tilbury Glencoe Dutton Dresden Wyoming Dorchester Sarnia
<b>Age Category:</b>	U6 U8 U10 U12 U14 15+
<b>Heat:</b>	1 2 3 4 5 6 7 8 9 10
<b>Lane:</b>	1 2 3 4 5 6
<b>Time:</b>	1. 2.





