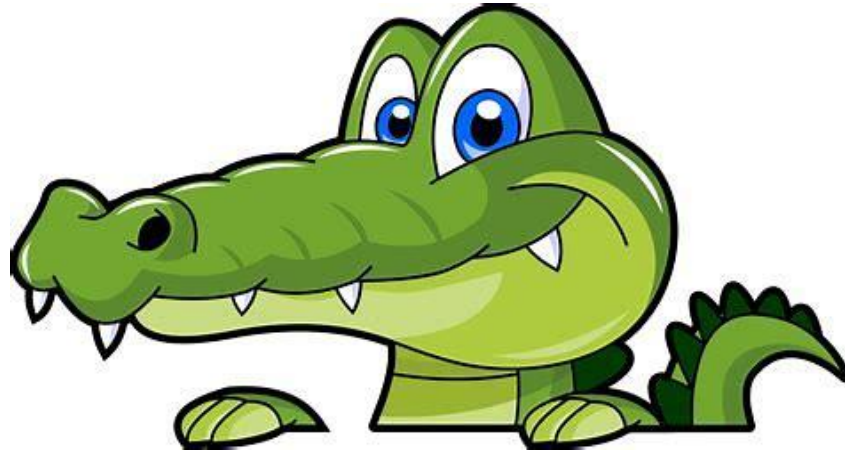


# Glencoe Gators Swim Meet 2023



**When:** Saturday, July 15th, 2023

**Warmup 1:** 8:30 a.m. – 8:55 a.m.

**Warmup 2:** 9:00 a.m. – 9:25 a.m.

**Timers Meeting:** 9:05 a.m.

**Coaches Meeting:** 9:15 a.m.

**Racing Starts:** 9:30 a.m.

**Lunch:** TBA

**Where:** Southwest Middlesex Pool (Glencoe Pool),  
138 North Street Glencoe, Ontario, N0L 1M0

**Pool Phone:** 519-287-2947

**Southwest Middlesex Municipal Office Phone:** 519-287-2015

**Registration:** \$10 per swimmer



## Glencoe Gators Swim Meet Event List

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	6 & Under 25m IM	2
3	8 & Under 50m IM	4
5	10 & Under 100m IM	6
7	12 & Under 100m IM	8
9	14 & Under 100m IM	10
11	15 & Over 100m IM	12
13	6 & Under 12.5m Butterfly	14
15	8 & Under 25m Butterfly	16
17	10 & Under 25m Butterfly	18
19	12 & Under 25m Butterfly	20
21	14 & Under 50m Butterfly	22
23	15 & Over 50m Butterfly	24
25	6 & Under 12.5 Backstroke	26
27	8 & Under 25m Backstroke	28
29	10 & Under 25m Backstroke	30
31	12 & Under 25m Backstroke	32
33	14 & Under 50m Backstroke	34
35	15 & Over 50m Backstroke	36
37	6 & Under 12.5m Breaststroke	38
39	8 & Under 25m Breaststroke	40
41	10 & Under 25m Breaststroke	42
43	12 & Under 25m Breaststroke	44
45	14 & Under 50m Breaststroke	46
47	15 & Over 50m Breaststroke	48
49	6 & Under 12.5m Freestyle	50
51	8 & Under 25m Freestyle	52
53	10 & Under 25m Freestyle	54
55	12 & Under 25m Freestyle	56
57	14 & Under 50m Freestyle	58
59	15 & Over 50m Freestyle	60
61	8 & Under 100m Freestyle Relay	62
63	10 & Under 100m Freestyle Relay	64
65	12 & Under 100m Freestyle Relay	66
67	14 & Under 100m Freestyle Relay	68
69	15 & Over 100m Freestyle Relay	70

## Swim Meet Rules:

1. Lifeguards, coaches/instructors, and college/university swimmers are not permitted to compete. Individuals that swim year-round must swim up an age category. Failure to indicate that a swimmer swims year-round will result in that competitor being moved into the correct category, they will become ineligible to receive any ribbons or medals and makes their team ineligible for overall team awards.
2. Strokes: Swimmers may swim in 3 strokes and IM
3. Age Categories: Any swimmer may move up an age group. If a swimmer chooses to move up, they must stay in that category for the entire competition. No swimmer can swim down an age group
4. Disqualifications
  - a. Swimming the wrong stroke
  - b. Standing on the bottom of the pool
  - c. Pulling on the lane ropes and/or the side of the pool to gain an advantage.
  - d. Purposely interfering with other swimmers
  - e. Not practicing two-hand touches on the wall while swimming butterfly and breaststroke. Note this does not apply to competitors in the 8 & Under and 6 & Under age groups
5. Swimmers must swim in the age group of their age as of July 15th, 2023
6. Any decision the starters or timers make are final. Any discrepancies or concerns must be brought to the Meet Manager (Sam Cormier) immediately following the race.
7. Points will be awarded as follows:
  - 1st - 7 points
  - 2nd - 5 points
  - 3rd - 4 points
  - 4th - 3 points
  - 5th - 2 points
  - 6th - 1 point
  - \*Relay races do not count towards overall team points
  - \*Top 6 in each event will receive a ribbon
  - \*The team with the most points overall will win an award
  - \*The top 3 overall point earners in each age group will win a medal

## **Food Booth:**

Every swimmer will receive a ticket to receive a free muffin and juice that can be redeemed at the food booth. We will also have water, sports drinks, baked goods, candies available all day, and pizza for lunch. \*Note we will be taking a break for lunch. The time of lunch will be announced once the competition is underway.

## **Registering Your Team:**

Please fill in the attached chart. Please check the last column if the swimmer has swum with a club anytime between September 1, 2022, and July 14, 2023.

Completed forms can be submitted to Sam Cormier at [scormier@southwestmiddlesex.ca](mailto:scormier@southwestmiddlesex.ca) .

Registration is due by **Tuesday July 11, 2023**.

**\*Note:** Late registrations will be permitted, but please send an estimated number of swimmers by the above date so we know the approximate number of breakfasts we need to supply. If more than 5 swimmers are added following the 14th, they will not receive a breakfast ticket. There are no refunds for registered swimmers that do not attend. Teams must pay for the number of registered swimmers as well as the day of entries no later than the coaches' meeting.

\*\* Please complete the pre-marshalling sheet below and send via email by July 11. Thank you!

## **Additional Information:**

- \* Teams will be notified if they will be in Warmup 1 or 2 on Wednesday July 12, 2023.
- \* Each team must have a coach attend the coaches meeting at 9:15 a.m. Payment for your swimmer's registration will be made at this time, cash or debit accepted.
- \* We are in need of volunteers to be timers! Could you ask your swim team parents if they could be timers? Any help would be greatly appreciated.
- \* There are to be no parents or spectators on the pool deck.
- \* Results will be posted on the counter in the pool house.

If there are any questions or concerns, please email [scormier@southwestmiddlesex.ca](mailto:scormier@southwestmiddlesex.ca).





# Map to the Glencoe Pool:

138 North St. Glencoe, ON. NOL 1M0

Parking will be available at the pool.

